



# SWIM FOR JOSIE

Saturday, June 13, 2026 8am -11am

## What is a Swim-a-Thon?

The swim-a-thon, hosted by the Brooke Erin Posey Foundation, is an organized swimming event in which individuals raise money by swimming a predetermined number of laps without stopping. Swimmers collect money from sponsors who donate a certain amount per lap or make a flat donation.

## Event Details

On Saturday, June 13th between 8am-11am, come to the Southern Yacht Club to complete your swim challenge and have volunteers count your laps. If you are a member of the SYC Seagulls swim team, laps can be counted during regular practice times, 9am-10am and 10am-11am.

Dedicated lanes will be open for swim-a-thon participants during swim practice times.

A pizza party for participants who raise over \$25 will be held from 11am-12pm.

## How to Participate in the Swim-a-Thon

1. Set a personal swim challenge goal and solicit sponsors to raise funds based on completing/surpassing your goal. Sponsor form is available at [www.swimforbrooke.com](http://www.swimforbrooke.com)  
\*When considering your level of commitment for donations, you may want to consider the swimmer's level of ability. For example, a less experienced swimmer may only be able to swim 1-4 laps without stopping; whereas a high school/master swimmer may be able to swim a mile or more (66 laps/mile).
2. Collect donations from your sponsors after challenge is completed. Sponsors can pay online or by mail (with swimmer's name included). Donations are due by July 1, 2026.

## Unable to Participate but Want to Donate

To support the Brooke Erin Posey Foundation's fundraiser for Ronald McDonald House of South Louisiana, in Josie's honor, donate online at [www.swimforbrooke.com/donate/](http://www.swimforbrooke.com/donate/) or by check made out to the Brooke Erin Posey Foundation, 6241 Carlson Dr, New Orleans, LA 70122.



## Questions and special circumstances

Contact us at [melissa@swimforbrooke.com](mailto:melissa@swimforbrooke.com)



